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| Name: MRS. HEMALATHA | Reg No: 06-4SMMHC18 |
| Age / Sex: 55 YRS | Contact No:8197903344 |
| Marital Status: ML- 40 YEARS | Date:11/4/18 |
| Occupation:HOUSEWIFE | Dr. PJFP |
| Address:  NATIVE OF JHARKHAND-hazaribagh . CAME FR VISIT IN BLORE. | DIAGNOSIS- |

1. KNEE JOITN PAIN FRM 6 YEARS. RIGHT TO LEFT .

AFTER SITTING ON GETTING UP LOT OF PAIN AND SWELLING. TAKING AYURVED GASTRITIS SO CUDNT TOLERATE. NEED SUPPORT WHEN GETTING UP. STANDING FR LONG ALOS FEELS WORSE. > HOT WATER , MASSAGE.

1. CONSTIPATION FROM MANY YEARS. > HOT WATER TO DRINK. <SPICY,
2. IF BENDING FORWARD GIDDINESS.

RX:

1. RHUS TOX 30 – DISC 4-4-4-4
2. CALC CARB 200 – 7 DOSES – ALTERNATE DAYS.
3. CALC PHOS 12 X 4-4-4-4
4. GUIACUM Q – 10-10-10 DROPS A/FOOD WATER.

16/5/18: during medication fine otherwise agn feels came back. Feels lateral side from knee to hip region pain <on rising after siting. When working with water feels more pain.

Rx:

1. Calc flour 200 – 7 doses – 1 dose alternate days.
2. Rhus tox 30 2 dram pills 4-4-4-4
3. Calc phos 12x 4-4-4-4
4. Guaicum Q 10-10-10 drops a/food.

Tanush anand: grandson: bry30+bell30+nat sulph 30 – 4 pillls sos cough.

26/5/18: CARRIED BUCKET OF CLOTHES AND WENT UPSTAIRS. PAIN ASCENDED UP TILL HIP. PAINS MORE WHHILE SLEEPING. WALKIGN ALSO PAINING. LYING ON THE PAINFUL SIDE FEELS BETTER. CONSTIPATION IS MORE.

RX:

1. CALC CARB 200 – 4-4-4-4
2. RHUS TOX 200 DISC 3-0-3
3. OSTEODIN Z-
4. SULPHUR 1M – 1 DOSE. 1 MONTH.

23/6/18: n phone call.

Repeat med for 3 weeks.